

Discover
Learn
Create

Eat and Walk Italy

Authentic Italian Cooking Classes in Rome



Tourism EXPO JAPAN 2026

Pasta • Ravioli • Tiramisù • Pizza • Spritz • Gelato • Italian Traditions



WHO WE ARE

Founded in Rome in 2015, Eat and Walk Italy creates authentic, hands-on Italian food experiences for travelers from all over the world.

Our cooking classes combine Italian culinary traditions, professional instructors and a fun, engaging atmosphere in the heart of Rome.

From couples and families to friends and solo travelers, our experiences are designed to make Italian food culture accessible, memorable and fun.



OUR SIGNATURE EXPERIENCE

Fettuccine, Ravioli and Tiramisù

Three iconic Italian recipes in one hands-on cooking experience.



Guests learn how to prepare:

Homemade Fettuccine

Traditional fresh pasta made by hand.

Ravioli

Handmade ravioli filled with ricotta.

Tiramisù

One of Italy's most famous desserts.

Approx. duration: 2.5 hours

Location: Central Rome

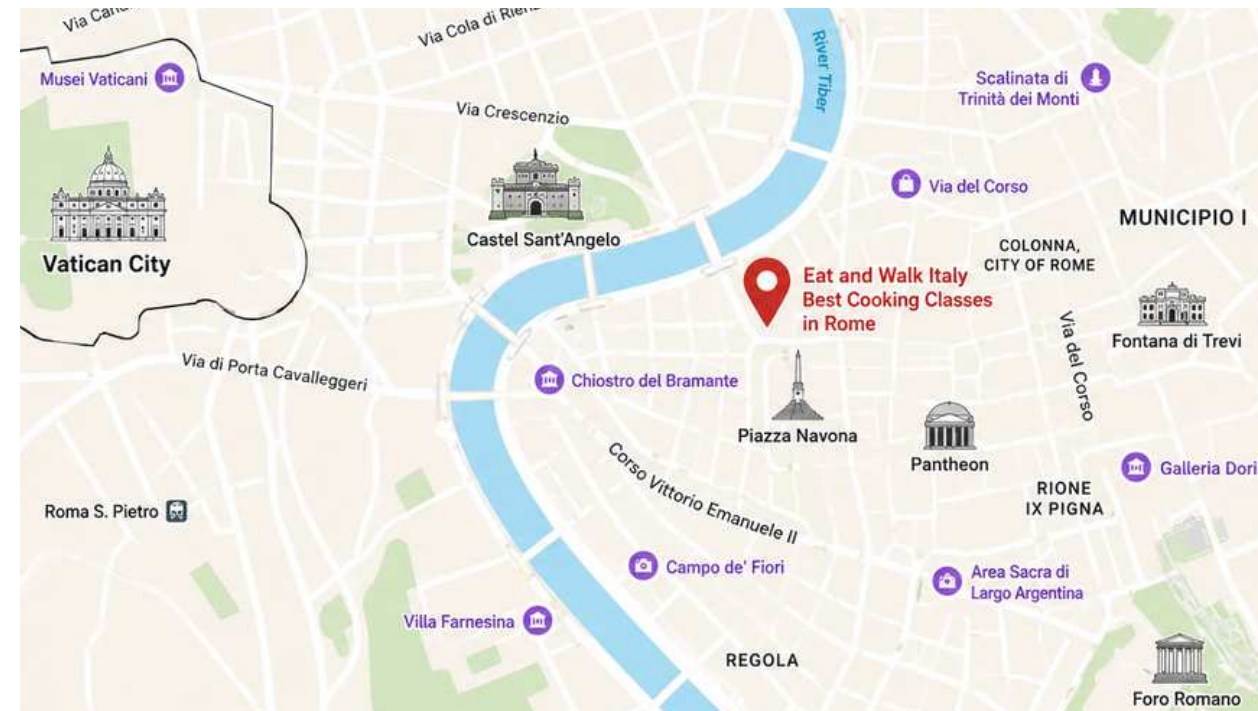
***After the cooking class,
guests relax and enjoy
the dishes prepared
during the experience.***

**Couples • Families • Friends
FIT • Small Groups**

Fettuccine, Ravioli and Tiramisù Cooking Class

Enjoy your creations in a relaxed and fun atmosphere, accompanied by a glass of Italian wine, refreshing water, and a final sip of limoncello or coffee.

With all ingredients and equipment provided, this class is perfect for beginners and seasoned cooks alike.



Set in a central location in the heart of Rome, this cooking class is conveniently close to iconic landmarks, making it easy to include in your itinerary.

Discover more classes: www.eatandwalkitaly.it

No Machines
needed!
Easy to
replicate at
home!



Immerse yourself in Italian culture, learn new skills, and enjoy a delicious meal you'll never forget!





MORE EXPERIENCES

Private Experiences Available



All our cooking classes take place in the center of Rome.



Fettuccine & Maltagliati

A hands-on experience where you learn to make two traditional types of fresh Italian pasta entirely by hand.



Fettuccine & Tiramisù

A fun class of two classics of Italian cuisine.



Pizza & Tiramisù

Learn the secrets of Italian pizza dough and prepare a traditional tiramisù.



Spritz & Pasta

Combine Italian food culture with one of Italy's most iconic aperitivo traditions.



Pizza & Gelato

Learn the secrets of Italian pizza dough and prepare classic Italian gelato.

Classes available in English. Private group language options available upon request.



THANKS!

EAT AND WALK ITALY SRL

Office in Via Flaminia 786, 00191 Rome, Italy

info@eatandwalkitaly.it

iMessage/Whatsapp **+39 3922324104**

www.eatandwalkitaly.it • Instagram @eatandwalk_italy • TikTok: @eatandwalkitaly